



Rama Navami Pooja





Significance of Rama Navami

Rama is the seventh incarnation of Vishnu on Bhuloka (Earth) when Adharma rules over Dharma. He protects all his devotees by vanquishing the roots of Adharma. He destroys Ravana – an asura – a person with demonic and evil designs.



Significance of Rama Navami

This festival commemorates the birth of Sri Rama who is remembered for his prosperous and righteous reign.

The important celebrations on this day take place at

Ayodhya (Uttar Pradesh) ***Sita Samahit Sthal*** (Sitamarhi)

(Bihar), ***Bhadrachalam*** (Andhra Pradesh) and

Rameswaram (Tamil Nadu).



Significance of Rama Navami

Rathayatras – (chariot processions) of Rama, Sita, Lakshmana and Hanuman, are taken out at several places, including ***Ayodhya*** where thousands of people take a dip in the sacred river ***Sarayu***.

The ***Kalyanam*** performed in the ***Bhadrachalam*** Temple, in Andhra Pradesh is very famous.



Poorvanga Pooja for Ganesha





Deepa Mantram



Deepajyothi Parabrahma

Deepajyothir Janardhana

Deepo me hara tu paapam

Deepaa Jyothir Namostuthe

I salute the Lord, the sustainer of the creation, in the form of this light.

I salute this light (the Lord),

May He destroy afflictions resulting from my omissions and commissions.



Achamanam

Om Achyutaaya namah

Om Anantaaya namaha

Om Govindhaaya namah

Kesava Narayana, Madhava Govindha

Vishnu Madhusudana, Trivikrama Vamana

Sridhara Hrusikesa, Padmanabha Dhamodara



Guru Dhyanam

Gurur brahmā Gurur viśnuh

Gurur devo maheśhvarah

Gurur sākṣāt parabrahma

Tasmaiśri gurave namah

*The guru is Brahma, the guru is Vishnu, the guru is Maheshwara.
The guru is ultimate truth. We offer that guru our prostrations*



Ganapathi Dhyanam

Shuklāambaradharam Vishnum

Sashivarnam Chaturbhujam,

Prasanna vadanam dhyāyeth,

Sarva-vighnopa shāntaye

For the removal of all obstacles, I meditate on Lord Vighneshwara, who is clad in white, is all-pervading, is white like the moon, sports four arms and is always of serene aspect.



Pranayamam (mentally chanting)

Om Bhuh, Om Bhuvah, Om Suvah, Om Mahah

Om Janah, Om Tapah, Om Satyam

Om Tat Saviturvarenyam, Bhargo devasya dhimahi,

Dhiyo yo nah prachodayat

Om apo jyoti rasaha amritam Brahma

Bhur Bhuvah suvar om



Sankalpam

Mamopatha, samastha, duritha kshaya dwara,
shri parameshwara preetheyartham,
karishya manasya karmanaha
nirvignane pari-samaptyartham
aadhao vigneshwara poojam karishye.

Sankalpam is a kind of record of what you performed with finer details going down to the day and location of the ritual.



Asana Poojai

Prithvi dhvaya tritha loka

Devi thuvam Vishnuna tritha

Dhvam cha Darayamam Devi

Pavithram Guru cha Asanam

This manthram is recited in order to purify the seat on which the we sit and perform the pooja.



Athma Poojai

Deho Devaalaya Prokthaha

Jeevo Deva Sanaathanah

Dhyajet Agnaanya Nirmaalyam

Sohambhaavena Pujayeth

The body has been described as a temple and the in dweller as the Eternal Divine.



Ganta Poojai (Sacred Bell)



Aagamartham tu devanam,
Gamanartham tu rakshasam
Ghantaaravam karom yathow
Devatah vaana laanchanam

The bell is sounded in order to invite the deity and accept our offerings/ prayers



Kalasa Poojai

Kalase Dhivya parimala Gandhaan Dhaarayaami
Gandhasyobhari haridhra kumkumam Dhaarayaami

Om Gangaayai	namaha
Om Yamunaayai	namaha
Om Godhavariyai	namaha
Om Saraswathiyai	namaha
Om Narmadhaayai	namaha
Om Sindhave	namaha
Om Kavareyai	namaha

Sapthakoti mahaatheerthaani aavahayaami

This pooja is performed in order to cleanse oneself and their surroundings¹⁵



Kalasa Shlokam

Kalasya mukhe vishnuhu,
Gante rudhra samaachrithaaha,
Moole thathra sthitho brahma,
Madhye maathru ganaa smrithaaha.

This pooja is performed in order to cleanse oneself and their surroundings



Kalasa Shlokam

Kukshau thu saagara sarve,
Saptha dhveepa vasundhara.
Rugvedo atha yajurvedaha,
Saamavedo Apyadharvanaha.

This pooja is performed in order to cleanse oneself and their surroundings



Kalasa Shlokam

Angaischa sahitha sarve,
kalashaambu samaaschrithaaha.

Ayanthu deva pujaartham
durithakshaya kaarakaaha.

This pooja is performed in order to cleanse oneself and their surroundings



Kalasa Shlokam

Gangecha yamune chaiva,

Godhavari saraswathi.

Narmadhe sindhu kaaveri,

Jale asmin sannidhim kuru

Om boorbuvasuvaha (x3)

This pooja is performed in order to cleanse oneself and their surroundings



Praarthanai

om ganānā'm tvā ganapā'tigum havāmahe
kavim kavī nām ūpamashrā-vastamam |

jyeshṭharājam brahmaṇām
brahmaṇaspata ā nah
shruṇvan-nū tibhis-sīda sādānam ||



Praarthanai

praṇo' devi sarāsvatī vājēbhir vā jinīvatī |

dhīnāmā vitryāvatu |

gaṇeshāyā namāh | sarasvatyai namah |

shrī gurubhyo namah | harih om ||



Praarthanai... contd

Agajaanana padhmaarkam Gajaananam aharnisham

Anekathantham bhakthaanaam Ekadhantham upasmahe

Asmin Bimbe Vigneshwaram Dhyayaami

Vigneshwaram aavaahayaami



Praarthana Contd..

Vigneshwaraaya namaha aasanam samarpayaami

Vigneshwaraaya namaha paadhyam samarpayaami

Vigneshwaraaya namaha arkyam samarpayaami

Offering Seat, Offering Water to wash his feet, Offering water to wash his hands



Praarthana Contd..

Vigneshwaraaya namaha aachamaneyam samarpayaami

Vigneshwaraaya namaha snaanam samarpayaami

Offering Water to drink, Offering water to bathe



Praarthana Contd..

Vigneshwaraaya namaha snaanaanantharam

aachamaneyam samarpayaami

Vigneshwaraaya namaha vasthraartham akshadhaan

samarpayaami

Offering Water to drink, Offering clothes



Praarthana Contd..

Vigneshwaraaya namaha yajnyo-paveethartham
akshadhaan samarpayaami

Vigneshwaraaya namaha gandhaam samarpayaami

Offering sacred thread, Offering sandalwood paste



Praarthana Contd..

Vigneshwaraaya namaha gandhopari kumkumam
samarpayaami

Vigneshwaraaya namaha akshadhaan samarpayaami

Vigneshwaraya namaha pushpaihi poojayami

Offering kumkum, Offering akshadhai, offering flowers



Archanai



- | | |
|----------------------|--------|
| 1. Om Sumukhaaya | Namaha |
| 2. Om Ekadanthaaya | Namaha |
| 3. Om Kapilaaya | Namaha |
| 4. Om Gajakarnakaaya | Namaha |
| 5. Om Lambodaraaya | Namaha |
| 6. Om Vikataaya | Namaha |
| 7. Om Vignaraajaya | Namaha |
| 8. Om Vinaayakaaya | Namaha |



Archanai



- | | |
|-------------------------|--------|
| 9. Om Dhuma Kethave | Namaha |
| 10.Om Ganaadhyakshaaya | Namaha |
| 11.Om Paalachandraaya | Namaha |
| 12.Om Gajaananaaya | Namaha |
| 13.Om Vakratundaaya | Namaha |
| 14.Om Shoorpa Karnaaya | Namaha |
| 15.Om Heyrambhaaya | Namaha |
| 16.Om Skandapoorvajaaya | Namaha |



Archanai



Om Mahaa Ganapathaye Namaha

Naanavitha, Parimala, Pathra-Pushpaani, Samarpayaami.

Dhoopam Aakraabayami,
Deepam dharshayami

Dhoopa dheepartham Akshadhaan Samarpayaami.



Nivedhanam



Om bhoor bhuvassuvaha;
thatsavithur varenyam
Bhargo devasya dheemahi;
dhiyo yo nah prachodhayaath
Deva savitha prasava
rutham thva, sathyena parishchinchami
Amruthamasthu amruthopastharanamasi

Offering prasadam to God



Nivedhanam



Om praanaaya swaahaa
Om apaanaaya swaahaa
Om vyaanaaya swaahaa
Om udhaanaaya swaahaa
Om samaanaaya swaahaa
Om brahmane swaahaa



Nivedhanam



Brahmani maathma amruthathvaaya

vigneshwaraaya namaha

Naalikera kanda thvyam kathaleepalam nivetha yaami

Madhye madhye paaneeyam samarpayaami

Amruthaapithaanamasi. Achamaneeyam samarpayaami



Nivedhanam



Poogi pala samaayuktham

Naagavalli thalairyutham

Karpورا shoorna samyuktham

Thaamboolam prathigruhyathaam

Vigneshwaraaya namaha

thaamboolam samarpayaami



Deepa Aaradhanai



Vigneshwaraaya namaha

karpooraneeraajanam sandharshayaami

Thath purushaaya vidhmahe , vakra thundaaya dheemahi,

thanno dhanthi prachodhayaath

Samasthopachaaraan samarpayaami
(offering flowers)



Praarthanai



Vakrathunda mahaakaaya soorya koti samaprabha

Avignam kurume deva sarvakaaryeshu sarvathaa

Vigneshwaraaya namaha praarthayaami



Pradhana Pooja for Rama



Ganapathi Dhyaanam

Shuklāambaradharam Vishnum
Sasivarnam Chaturbhujam,
Prasannavadanam dhyāyeth,
Sarva-vighnopasāntaye

*For the removal of all obstacles, I meditate on Lord Vighnesvara,
Who is clad in white, Is all-pervading, Is white like the moon, Sports
four arms and Is always of serene aspect.*



Pranayamam (mentally chanting)

Om Bhuh, Om Bhuvah, Om Suvah, Om Mahah

Om Janah, Om Tapah, Om Satyam

Om Tat Saviturvarenyam

Bhargo devasya dhimahi,

Dhiyo yo nah prachodayat

Om apo jyoti raso amritam Brahma

Bhur Bhuvah suvar om



Sankalpam (1 of 6)

Mamopatha, samastha, duritha kshayadwaara,

shri parameshwara, preetheyartham,

Subhae shobanae, muhurthae, Aadhya Brahamanaha:

Dviteeya parardhe, shri Shvetavaraha kalpe, Vaivaswatha

manvantare ,



Sankalpam (2 of 6)

Ashta Vimsati tame, Kaliyuge, Vindhasya pakshima dhik bage,
brugadhaarunya kshethre, samudhra madhye sthithe,
Scotland maanagare, Don-Dee nadhi dheere, Airopa gante
Asmin, Varthamane, Vyavahaarike, Prabhavaadeenam,
Shastyaha, Samvatsaraanaam, Madyae



Sankalpam (3 of 6) (Please see Panchangam - Aberdeen, UK)

_____ Nama Samvatsare ,

_____, _____ Ruthou,

_____ Mase, _____ Pakshe,

_____ SubhaThithou,

_____ Vasara Yuktayam,

_____ -Nakshatra Yuktayam,



Sankalpam (4 of 6)

Shubha nakshathra, shubha yoga,
shubha karana, evanguna,
viseshena, visishtaayaam,
asyaam, shubha dithow



Sankalpam (5 of 6)

Asmaakam saha kudumbaanaam, kshema sthairyam,
veerya vijaya aayur aarogya aishwarya abi-
vrudhyartham,

Dharmartha kama moksha chathurvitha phala
purushartha siddhyartham, sakala vidhya
paarangathva siddhyartham



Sankalpam (6 of 6)

Putra pouthra abivrithyaartham,
eshta kaamyaaartha siddhyartham, samastha durithopa
shaanthyaarthaam, Mano vaancha phala siddhyartham,
Sri ramanavami punya kaale, sri seetha lakshmana,
baratha Shathruguna, hanumath sametha,
Sri ramachandra poojam karishye



Vigneshwara Udhyabanam

Agajaanana padhmaarkam

Gajaananam aharnisham

Anekadantham bhakthaanaam

Ekadhantham upasmahe

Vigneshwaram yathaasthaanam prathishta-payaami....

Shobanaarthe kshemaaya punaraaka manaayacha



Main poojai - Dhyaanam-1

Vaidehi sahitham suradhruma-thale haime mahaa mandape
Madhye pushpakam-aasane manimaye veerasane susthitham I

Agre vaachayathi prabanjana-suthe tathvam munibyaha param
vyaakhyaantham bharathaadibihi parivrutham raamam-baje
shyaamalam II



Main poojai - Dhyaanam-2

Sri seetha lakshmana, baratha shathruguna, hanumath
sametha Sri ramachandram dhyaayami



Samastha Upachaara poojai

Aavaahanam -1

Vaame boomi –suthaa purascha hanumaan
paschaath sumithraa sutha I
shathrugno bharathachcha paarswadhalayoho
Vaaivaathi-kone-shucha II



Samastha Upachaara poojai

Aavaahanam -2

Sugreevascha vibeeshanascha yuvaraat thaaraasutho

jaambavaan

Madhye neelasaroja komala-ruchim raamam baje shyaamalam ||

Sri Ramachandram aavaahayami



Samastha Upachaara poojai

Aasanam

Rathna simhaasana rooda sarva bhoopala vanditha |

Aasanam they maya dhatham preethim janayathu prabho | |

Sri Seetha Lakshmana Baratha shathruguna, Hanumath sametha

Sri Ramachandraya namaha Rathnaasanam Samarpayami



Samastha Upachaara poojai

Padhyam

Paathangushta samuthbhootha gangabhaavitha vishtapa |
Paadyaatha mudhakam rama thathami prathigruyathaam | |

Sri Seetha Lakshmana, Baratha shathruguna, Hanumath sametha

Sri Ramachandraya namaha padhyam samarpayaami



Samastha Upachaara poojai

Arkyam

Vaalakilyaathibir viprai: trisanthyam prayathaathmabihi |

Arkayr-aaraadhitha-vibho mamaarkyam rama gruyathaam | |

Sri Seetha Lakshmana, Baratha shathruguna, Hanumath sametha

Sri Ramachandraya namaha arkyam samarpayaami



Samastha Upachaara poojai

Aachamaneeyam

Aachandhthaam bhothinaa rama muninaa pari sevitha |

Maya dhathena thoyaena kurvaachamana m-eashvara | |

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandraya namaha aachamaneeyam samarpayaami



Samastha Upachaara poojai

Sudhodhaga Snaanam

Nadhinatha samudhraathi thoyaeir manthraabhi samskruthahi |

Pattaabhishiktha rajendra snaahi sudhajalaena me | |

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandraya namaha Snaanam samarpayaami

Snaanaananthram aachamaneeyam samarpayami



Samastha Upachaara poojai

Vasthram

Hithvaa peethaambaram cheera krishnaajina dhraachutya |

Parithathsthvaathya mey vastram swarna sutra vinirmitham | |

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandraya namaha vasthrayukmam samarpayaami



Samastha Upachaara poojai

Upaveedham

Raajarishi vamsa-tilaka Ramachandra namosthuthey |

Yajnopaveetham Vidhina nirmitham thatsva they prabho | |

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandraya namaha Upaveetham samarpayaami



Samastha Upachaara poojai

Gandham

Sandhyaa samaanaruchinaa neelaapra sama vighraha |

Lipaami thengamam raama chandanena mudhaa hrudhi | |

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandraya namaha Gandhaan dhaarayaami

Gandhopari haridhrra kunkumam samarpayaami



Samastha Upachaara poojai

Aabharanam

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandraya namaha aabharanartham

akshadhaan samarpayaami



Samastha Upachaara poojai

Pushpam

Champakaashoka punnaagair jalajais thulaseedhalai: |

Poojayaami raghoodhamsa poojyam thvaam sanakaadhibhi: ||

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandraya namaha Pushpamaalam samarpayaami

Pushpaihi poojayaami



Anga Poojai - Worshiping various parts of GOD's body

Om Ahalyodh-dhaarakaya namaha:

Paadhow poojayami

Feet

Om vinatha-kal-padhru-maaya namaha:

Kulpow poojayami

Ankle

Om dhanda-kaaranya- gamana-jankaalaaya namaha:

Janke Poojayami

Knees





Anga Poojai - Worshiping various parts of GOD's body

Om Jaanunyastha tharaam-bujaaya namaha:
Jaanune poojayami

Om Veeraa-sanaadhyaasine namaha:
Ooru poojayami

Om Peethaambaraa-lankruthaaya namaha:
katim poojayami

Knees

Thighs

Hips





Anga Poojai - Worshiping various parts of GOD's body

Om Aakaasa-madhyakaaya namaha:
Guhyam Poojayami

Om Apthi-megalaa-pathaye namaha:
Naabim poojayami

Om Udhara-sthitha bramaandaaya namaha:
udharam poojayami

Marmam

Navel

Stomach





Anga Poojai - Worshiping various parts of GOD's body

Om Sithaa-nulepitha kaashmeera-chandhanaaya
namaha: Vaksha poojayami

Om abaya-pradhaana sowndyaaya namaha:
Paarshow poojayami

Om gyaana vigyaana baaskaraaya namaha:
Hrudhayam Poojayami

Chest

Hips

Heart





Anga Poojai - Worshiping various parts of GOD's body

Om dhasaanana kaala-roopine namaha:
Skandhow poojayami

Om seetha baahu lathaa-lingithaaya namaha:
kantam Poojayami

Om Vidharana-jitha kalpadhrumaaya namaha:
hasthaan poojayami

Shoulders

Neck

Hands





Anga Poojai - Worshiping various parts of GOD's body

Om Ari-nigraha-paraaya namaha:
Bahoon poojayami

Om sumukaaya namaha:
Mukham Poojayami

Om Anaasaaditha paapa-gandhaaya namaha:
Naasikaam Poojayami

Shoulders

Face

Nose





Anga Poojai - Worshiping various parts of GOD's body

Om Pundaree-kaakshaaya namaha:
Akshini poojayami

Om kapaali-poojithaaya namaha:
Karnow poojayami

Om Kasthuri-thilakaangithaaya namaha:
phaalam poojayami

Eyes

Ears

Forehead





Anga Poojai - Worshiping various parts of GOD's body

Om Raajadhi raaja veshaya namaha:
Kireetam poojayaami

Om Sarveshvaraaya namaha:
Sarvaan angaani poojayaami

Head

Whole
body





Ashtothram

(108 names of GOD)

- | | |
|--------------------------|--------|
| 1. Om Sri-Raamaaya | namaha |
| 2. Om Raama-badhraaya | namaha |
| 3. Om Raama-chandraaya | namaha |
| 4. Om Saaswathaaya | namaha |
| 5. Om Rajeeva-lochanaaya | namaha |
| 6. Om Srimathe | namaha |
| 7. Om Rajendraaya | namaha |
| 8. Om Ragu-pungavaaya | namaha |
| 9. Om Janaki-vallabaya | namaha |
| 10. Om Jaithraaya | namaha |





Ashtothram

(108 names of GOD)

- | | |
|-----------------------------------|--------|
| 11. Om Jithaa mithraaya | namaha |
| 12. Om Janaardhanaaya | namaha |
| 13. Om Viswamithra-priyaaya | namaha |
| 14. Om Dhaanthaaya | namaha |
| 15. Om Sarana-thraana-tathparaaya | namaha |
| 16. Om Vaali-pramadha-naya | namaha |
| 17. Om Vaagmine | namaha |
| 18. Om Sathya vaache | namaha |
| 19. Om Sathya-vikramaaya | namaha |
| 20. Om Sathyavradhaaya | namaha |





Ashtothram

(108 names of GOD)

- | | |
|---|--------|
| 21. Om vratha-dharaaya | namaha |
| 22. Om sathaa-hanumathaasrayaaya | namaha |
| 23. Om Kausaleyaya | namaha |
| 24. Om kara-dhvamsine | namaha |
| 25. Om Viraatha-vadha-pandithaaya | namaha |
| 26. Om Vibeeshna-parithraathre | namaha |
| 27. Om Hara-kodhanda-kandanaaya | namaha |
| 28. Om Saptha-thaala-prabethre | namaha |
| 29. Om dhasagreeva shiroharaaya | namaha |
| 30. Om Jaama-dhagnya-mahaadharpa-dhalanaaya | namaha |





Ashtothram

(108 names of GOD)

- | | |
|-------------------------------------|--------|
| 31. Om Thaatakaanthakaaya | namaha |
| 32. Om Vedhaantha-saaraaya | namaha |
| 33. Om Vedhathmane | namaha |
| 34. Om Bhavarogasya Beshajaya | namaha |
| 35. Om Dhooshna-thrishi-ro-hanthre | namaha |
| 36. Om Thrimoorthaye | namaha |
| 37. Om Thrigunaathmakaaya | namaha |
| 38. Om Thrivikramaaya | namaha |
| 39. Om Thrilokaathmane | namaha |
| 40. Om Punya charithra keerthanaaya | namaha |





Ashtothram

(108 names of GOD)

- | | |
|------------------------------------|--------|
| 41. Om thriloka rakshakaaya | namaha |
| 42. Om Dhanvine | namaha |
| 43. Om Dhanda kaaranya karthanaaya | namaha |
| 44. Om Ahalyaa saapa samanaaya | namaha |
| 45. Om Pithru bhakthaaya | namaha |
| 46. Om Varapradhaaya | namaha |
| 47. Om Jithendriyaaya | namaha |
| 48. Om Jithakrodhaaya | namaha |
| 49. Om Jithaa-mithraaya | namaha |
| 50. Om Jagath gurave | namaha |





Ashtothram

(108 names of GOD)

- | | |
|-------------------------------------|--------|
| 51. Om Ruksha vaanara-sangaadhine | namaha |
| 52. Om Chithrakoota-samaarchrayaaya | namaha |
| 53. Om Jayantha-thraana-varadhaaya | namaha |
| 54. Om Sumithraa-puthra sevithaaya | namaha |
| 55. Om Sarva devaadhi devaaya | namaha |
| 56. Om Mrutha vaanara jeevanaaya | namaha |
| 57. Om Maayaamaareecha-hanthre | namaha |
| 58. Om Mahaa-devaaya | namaha |
| 59. Om Mahaa-bujaaya | namaha |
| 60. Om Sarva devasthuthaaya | namaha |





Ashtothram

(108 names of GOD)

- | | |
|------------------------------------|--------|
| 61. Om Sowmyaaya | namaha |
| 62. Om Brahmmanyaaya | namaha |
| 63. Om Muni-samsthuthaaya | namaha |
| 64. Om Mahaa yogine | namaha |
| 65. Om Mahodhaaraaya | namaha |
| 66. Om Sugreevepsitha-raajyadhaaya | namaha |
| 67. Om Sarva punyaadhika phalaaya | namaha |
| 68. Om Smrutha sarvaaga naasanaaya | namaha |
| 69. Om Aadhi purushaaya | namaha |
| 70. Om Parama purushaaya | namaha |





Ashtothram

(108 names of GOD)

- | | |
|--------------------------------------|--------|
| 71. Om Mahaa purushaaya | namaha |
| 72. Om Punyodhayaaya | namaha |
| 73. Om Dhayaa-saaraaya | namaha |
| 74. Om Puraana-purushothamaaya | namaha |
| 75. Om Smitha Vakthraaya | namaha |
| 76. Om Mithaa baashine | namaha |
| 77. Om poorva baashine | namaha |
| 78. Om Raagavaaya | namaha |
| 79. Om Anantha guna gambeeraaya | namaha |
| 80. Om Dheerodaaththa gunoththamaaya | namaha |





Ashtothram (108 names of GOD)

- | | |
|-----------------------------------|--------|
| 81. Om Maayaamanusha charithraaya | namaha |
| 82. Om Mahaa devaadhi poojithaaya | namaha |
| 83. Om Sedhukruthe | namaha |
| 84. Om Jitha vaaraashaye | namaha |
| 85. Om Sarva theertha mayaaya | namaha |
| 86. Om Haraye | namaha |
| 87. Om Syaamaangaaya | namaha |
| 88. Om Sundharaaya | namaha |
| 89. Om Peetha Vaasase | namaha |
| 90. Om Dhanur dharaaya | namaha |





Ashtothram

(108 names of GOD)

- | | |
|------------------------------------|--------|
| 91. Om Sarva yagnyaadhipaaya | namaha |
| 92. Om Yajvane | namaha |
| 93. Om Jaraa marana varjithaaya | namaha |
| 94. Om Vibeeshana pradhishthaathre | namaha |
| 95. Om Sarvaabaguna varjithaaya | namaha |
| 96. Om paramaathmane | namaha |
| 97. Om Para brumhane | namaha |
| 98. Om Sachidhaanandha vighrahaaya | namaha |
| 99. Om Paranjothishe | namaha |
| 100. Om Parandhaamne | namaha |





Ashtothram (108 names of GOD)



- | | |
|--|--------|
| 101. Om Paraagaasaaya | namaha |
| 102. Om paraath paraaya | namaha |
| 103. Om Paresaaya | namaha |
| 104. Om Paarakaaya | namaha |
| 105. Om Paaraaya | namaha |
| 106. Om Sarva devaathmakaaya | namaha |
| 107. Om Parasmai | namaha |
| 108. Om Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath
sametha Sri Ramachandra para-brumha swaamine namaha
Naanaavidha Parimala Pathra pushpaani samarpayaami | |



Utharaanga Poojai



Dhoopam

Vanaspathi rasoth-bootho gandhaatyo gugguloor varaha I

Aagreya: sarva- devaanaam dhoopoyam pradhi-gruhyathaam II

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandra ya namaha dhoopam aagraapayaami

Dhoopaanantharam Achamaneeyam Samarpayaami



Dheepam

Saajyam thrivarthi samyuktham vahninaa yojitham mayaa |

Deepam gruhaana devesha thrilokya thimiraa paha | |

Sri Seetha Lakshmana, Baratha Shathruguna, Hanumath sametha

Sri Ramachandraya namaha dheepam pradharshayaami

Dheepaanandharam Aachamaneeyam Samarpayaami



Maha Nivedhyam



Offering prasadam to God



Nivedhanam



Om, bhoor bhuvassuvaha; thathsavithur varenyam

Bhargo devasya dheemahi; dhiyo yo nah prachodhayaath

Deva savitha prasava ratham thva, sathyena parishinchaami

Amruthamasthu amruthopastharanamasi

Offering prasadam to God



Nivedhanam



Om praanaaya swaahaa

Om apaanaaya swaahaa

Om vyaanaaya swaahaa

Om udhaanaaya swaahaa

Om samaanaaya swaahaa

Om brahmane swaahaa



Nivedhanam



Sri Seetha Lakshmana, Baratha Shathrugna, Hanumath sametha

Sri Ramachandraya namaha

Paanakam, maasham, dhagram, maashaapoopam, paayasam,

annam

Mahaa Naivedhyam Nivedhayaami

Madhye madhye amrutha paaneeyam samarpayaami



Aachamaneeyam



Amruthaa pithaana masi

Sarva paapaharam divyam gaangeyam nirmalam jalam |

Mayaa thvaachamanam dhaththam gruhyathaam

purushothama | |



Aachamaneeyam



Sri Seetha Lakshmana, Baratha Shathrugna, Hanumath sametha

Sri Ramachandraya namaha

Nivedhanaanatharam aachamaneeyam samarpayaami



Thamboolam



Lavanga Karpoorayutham thaamboolam surapoojitham |

Preethyaa gruhaana devesha mama sowbhaagyam

vivarthaya | |

Sri Seetha Lakshmana, Baratha Shathrugna, Hanumath
sametha Sri Ramachandraya namaha

Thaamboolam samarpayaami



Thamboolam



Idham phalam mayaa deva sthaapitham puratha sthava |
Thena mey suphalaavaabdhi:bhavet janmani janmani ||

Sri Seetha Lakshmana, Baratha Shathrugna, Hanumath
sametha Sri Ramachandraya namaha

Phalaani, naalikera kanda dhvayaani samarpayaami ||



Deepa Aaradhanai





Deepa Aaradhanai

Na thathra Sooryo bhaathi Na chandra thaarakam |

Nema vidhyutho bhaanthi kuthoyam agni: |

Thaameva bhaantham anubhaathi sarvam |

Thasya bhaasaa sarvamidham vibhaathi |



Deepa Aaradhanai

Om Daserathaya Vidhmahe, Sita Vallabhaya
Dheemahe |

Thanno Rama Prachodayath | |

Sri Seetha Lakshmana, Baratha Shathrugna,
Hanumath

sametha Sri Ramachandraya namaha

Karpورا neerajana deepam dharshayaami |



Gayathri manthram



Ganesha

Tat purushaaya vidmahe vakratundaaya dheemahi
Tanno dantih prachodayaat.



Gayathri manthram



Vishnu

Naaraayanaaya vidmahe vaasudevaaya dheemahi
Tanno vishnuh prachodayaat.

Garuda

Tat purushaaya vidmahe suvarna pakshaaya dheemahi
Tanno garudah prachodayaat.



Deepa Aaradhanai



Hanuman

Aanjaneyaaya vidmahe vaayu putraaya dheemahi

Tanno hanuman prachodayaat.



Gayathri manthram



Shiva

Tat purushaaya vidmahe Mahaadevaaya dheemahi
Tanno rudrah prachodayhat.

Nandi

Tat purushaaya vidmahe Chakratundaaya dheemahi
Tanno nandih prachodayaat.



Gayathri manthram



Durga

Kaathyaaya naaya vidhmahe kanyakumaari dheemahi

Tanno durgih prachodayaat.



Deepa Aaradhanai



Muruga

Tat purushaaya vidmahe mahaasenaaya dheemahi
Tannah Shanmukah prachodayaat.



Pushpaanjali

Jaathi champaka punnaaga mallikaa vakuladhibhihi |
Pushpaanjali pradaasyaami gruhana dhvirathanana | |

Sri Seetha Lakshmana, Baratha Shathrugna, Hanumath
sametha Sri Ramachandraya namaha

Pushpaanjali Samarpayaami



Mantra Pushpam – (shortened)



Mantra Pushpam



yo'pāṃ puṣpaṃ veda' puṣpa'vān prajāvā"n paśumān
bha'vati |

candramā vā apāṃ puṣpaṃ" |

यो॒पां॑ पु॒ष्पं॑ वे॒दं पु॒ष्प॑वा॒न् प्र॒जा॑वा॒न् प॒शु॒मा॒न् भ॑वति ।
च॒द्र॒मा॒ वा॒ अ॒पां॑ पु॒ष्प॑म् ।



Mantra Pushpam

puṣpa'vān prajāvā'n paśumān bha'vati |
ya evaṃ veda' | yopāmāyata'naṃ veda' |
āyatana'vān bhavati |1|

पुष्पवान् प्रजावान् पशुमान् भवति ।
य एवं वेद । योपामायतनं वेद । आयतनवान् भवति ।1।



Mantra Pushpam

om rājādhirājāya' prasahya sāhine" | namo' vayaṃ
vai"śravaṇāya' kurmahe |sa me kāmān kāma kāmā'ya
mahyam" | kāmēśvaro vai"śravaṇo da'dātu |

ॐ राजा धराजाय प्रसह्य साहिने । नमो वयं वैश्रवणाय कुर्महे ।
स मे कामान् काम कामाय मह्यम् । कामेश्वरो वैश्रवणो ददातु ।



Mantra Pushpam

kuberāya' vaiśravaṇāya' | mahārājāya nama'h |

कुबेराय॑ वैश्रव॑णाय॑ । म॒हा॒रा॒जाय॑ नमः॑ ।



Mantra Pushpam

Sri Seetha Lakshmana, Baratha Shathrugna,
Hanumath sametha Sri Ramachandraya namaha
Mantra Puspham Samarpayaami



Praarthanai

Thyakthvaa sudushtyaja surepsitha raajya lakshmeem |

Dharmishta aarya vachasaayatha gaatharanyam |

Maayaa mrugam dhayithepsitha manvathaavath |

Vande mahaapurusha they charanaaravindam |

Sri Seetha Lakshmana, Baratha Shathrugna, Hanumath

sametha Sri Ramachandraya namaha Praarthayaami ||



Pradhakshina Manthram

Yaani kaani-cha paa-paa-ni Janmaanthra kruthaa-ni-cha I
Thaani thaani vinash-yanthi Pradhakshina pathe-pathe II

Sri Seetha Lakshmana, Baratha Shathrugna,
Hanumath sametha Sri Ramachandraya namaha
Pradakshina namaskaaram samarpayaami |



Kshamaa Prarthana

Yasyas mruthyaacha namokthya thapa pooja kriyaa thishu I

Nyunam sampoornathaam yaadhi sathyo vandhe thamasyutham II

Manthra heenam kriyaa heenam bakthi heenam sureshwara I

Yath poojitham maya deva Paripoornam thathasthutte II



Kshamaa Prarthana



yad-ākshara-pada' -bhrasṭām, mā trā-hīnam tu yadbhavet
tat-sārvam kshāmyatām devā, nārāyaṇa namo'stute |

visārga-bīndu-mā trāṇi, pada-pā dāksharā'ṇi cha
nyūnā'ni chā'tiriktāni, kshamasva purosthama ||



Kshamaa Prarthana

anya'athā' sharā ṇam nāsti, tvameva shara ṇam mama'

tasmā't kārūṇya bhā venā, raksha raksha Janarthana

om shānti shānti shāntihi |



Kshamaa Prarthana

Yasyas mruthyaacha namokthya thapa pooja kriyaa thishu I

Nyunam sampoornathaam yaadhi sathyo vandhe thamasyutham II

Manthra heenam kriyaa heenam bakthi heenam sureshwara I

Yath poojitham maya deva Paripoornam thathasthutte II



Kayena vacha

kāyena vāchā manasendriyairvā,

buddhyātmanāvā prakrute svabhāvāt |

karomi yadyat-sakalam parasmai, nārāyaṇāyeti samarpayāmi ||

Anayaa poojayaa Sri Seetha Lakshmana, Baratha Shathrugna,

Hanumath sametha Sri Ramachandra preeyathaam

“Om Tat sat Brahmarpanamasthu”



Pooja Concludes

